



## What is a Residential Care Home?

Residential Care Homes offer the opportunity for persons needing care to receive assistance in an intimate home setting. Care is provided in real houses which are located in residential neighborhoods. The intimate family feeling of these homes make them an excellent choice for memory care, giving clients a natural comfort level. Residential Care providers offer care ranging from assisted living services to full skilled nursing, with many specializing in memory care, Alzheimer's or other forms of dementia, Parkinson's, and more complex needs. Most homes can care for clients until the end, adding hospice services to the services already offered.

One of the foremost reasons to choose a Residential Care Home is because they offer professional and caring services with a high ratio of staff-to-client assistance. A senior who is not restful in a large apartment-style setting will often be more calm and peaceful in a home. The high staffing ratio means that our clients can easily receive reassurance and redirection to relieve anxiety or confusion. There is also more continuity of care simply because there are fewer staff coming and going, and they really get to know the people in their care.

People who live in a Residential Care Home have an easier time socializing with their housemates. Since everyone lives in the same house, they are easily able to converse with guests and visiting family members, engage in interactions with staff, participate in daily life activities like baking, cleaning, and other chores as well as entertainment. The environments are warm and inviting, which makes it a place that even the grand kids want to come to!

Residential Care Homes are licensed in different ways, but all have State oversight and requirements. To learn more about Residential Care Homes, and the great providers who are in the Twin Cities area, visit [www.residentialcare-mn.org](http://www.residentialcare-mn.org). Give one of us a call, because the coffee pot is always on!

**[www.ResidentialCare-MN.org](http://www.ResidentialCare-MN.org)**